

**UNITE
FOR
GOOD**

Rotary



Club of Mohali Midtown
Rotary International District 3080



Shubh. Karman

Inspiring good deeds

Vol 5

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Dec 1 2025

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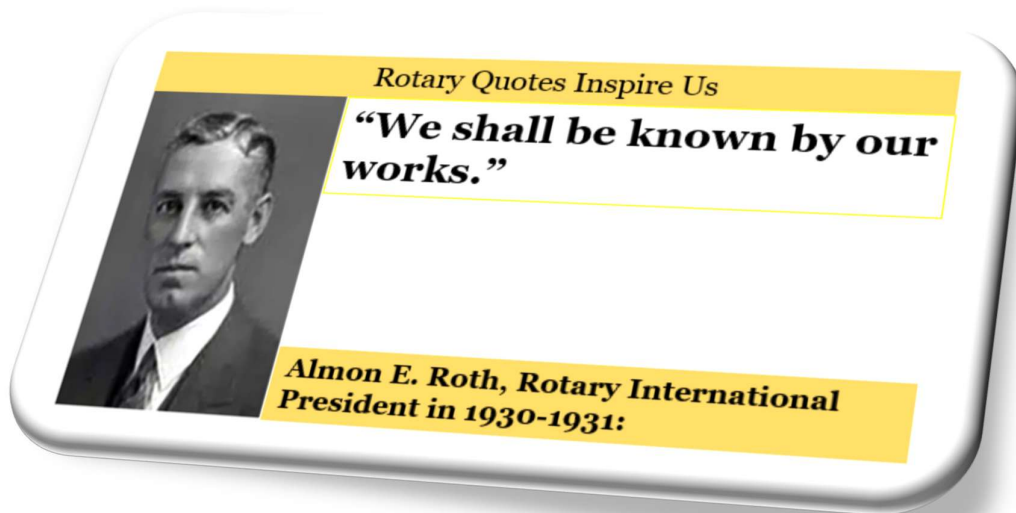
The club meets on second and last Friday, if you are visiting the Tricity and intent to attend our meeting, pls call the President.

Club Stalwarts

2021-22	Rtn. Gurcharan Singh Arora (President) Rtn. Amarjit Singh Virk(Secretary)
2022-23	Rtn. Ravijeet Singh (President) Rtn. Dilpreet Singh Boparai (Secretary)
2023-24	Rtn. Amarjit Singh Virk (President) Rtn. Ms Manjit Kaur (Secretary)
2024-25	Rtn. Dilpreet Singh (President) Rtn. Mrs Prabhjot Kaur (Secretary)

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PP Rtn.
Sukhpreet
Singh Giani

From Editor's Desk

“Are You Part of the Problem or Part of the Solution?”

I often talk about a gentleman—my superior at my very first job—who introduced us to this brilliant concept. And believe me, 35 years later, his teachings are still so fresh that even the biscuits in those meetings have not aged as well.

Every organisation has two types of members:

1. **The ones who solve problems.**
2. **The ones who *are* the problems.**

And then there's a **third category—the legends**. The ones who come for chai, nod like philosophers, and disappear the moment real work appears. Official designation: **“Vanishing Volunteers.”**

Now, whenever someone asks, **“Are you part of the problem or part of the solution?”** most of us proudly reply, **“I'm part of the committee.”** Which basically means, “I attend meetings, I agree with

everybody, and I forward WhatsApp messages like it's my real job.”

Let's be honest— **Being part of the problem is the easiest career path ever**. These people have mastered the skill of saying, **“This won't work,”** before anyone finishes explaining. They'll raise their eyebrows at lightning speed and ask, **“Who approved this?”** while sipping chai and pretending to do very important scrolling on their tab.

And the corporate jargon—ah, that's their superpower. They sprinkle phrases like: “Let's circle back,” “Let's touch base,” **“Let's meet again”**. **with the same confidence as someone is putting sauce on that samosa!**

Do they know what these words mean? Perhaps not!

Once you understand this entire “Problem vs Solution” equation, you'll spot the Problem-People instantly.

They have catchphrases:

- *“I find it impossible!”*
- *“Ye kaise hoga?”*
- *“Isko approve kisne kiya?”*
- *“He is not giving time for the meeting”*

all delivered while enjoying chai like they're the CEO of Timepass Ltd. (and not Private Ltd.)

On the other hand— **Being part of the solution is hard**. You actually have to work. You coordinate with stakeholders, calm the

angry team member, handle last-minute chaos, become unofficial IT support, emotional counsellor, and birthday-cake-arranger—all free of charge and with no HR recognition. Solution-people are the ones who make organisations run. Problem-people are the ones who make organisations slow. And Vanishing Volunteers?

They make the chai disappear.

In the end, the world is run by doers, not doubters.

And if you ever get confused about which side you're on—

just check one thing: the next issue!



Rtn.
Aameep
Sinha

President Writes

Apathy and the deafening silence – A national epidemic

We were a nation of revolutionaries where every heartbeat pulsed with courage, a nation where **ordinary became extraordinary** because they chose not to **bow before injustice**. That fire within is slowly fading. Today we scroll, watch, feel, realize but we do not raise the

voice/question and refuse to act or interfere and we understand but choose comfort over courage.

It is the nation's deafening silence which knows within but choose not to rise. We surrender our soul to distraction, entertainment, fear and fatigue. So, we see faith, ethics, institutions crumbling, justice being delayed to reach a point that it becomes irrelevant and justice denied, yet we choose to continue our routines.

We mistake this numbness and apathy to neutrality. But it is a choice and our participation in the decay of our civic and social responsibilities and we misinterpret this numbness and silence for peace.

We have mastered the art of looking away and have become thick skinned as we scroll past injustice as we hear cries of accountability, watch corruption robbing us, institutions fail us and the nation bleeds while we choose convenient indifference till the time this fire reaches our homes. We have reached a point where serious allegations, manipulations, irregularities, missing transparency and accountability is met not with outrage but with the shrug. We passionately react to celebrity breakups; cricket matches etc. than to the possible theft of our and the next generation's future. Today we stand at such crossroads where we witness allegations but yet the public response is numbness, a quiet acceptance, a shrug. We are slowly becoming a democracy of

spectators and not a democracy of participants.

But there is another far more dangerous and poisonous perpetrator—The silence of media. Media—The voice of people the watchdog and the mirror of truth. Today they broadcast distraction, debate noise instead of truth, delivering entertainment where nation needs answers and label the people who question as troublemakers.

Today the issue is not about taking sides and deciding who is right or wrong. The question is do we as citizens deserve to know the truth. It is our duty to raise a question and demand verification where a serious allegation is raised as **truth does not fear inspection** and **transparency does not weaken but strengthens the truth**. The doubts should be addressed and not silenced, demanding clarity is not demanding chaos. Truth does not need to hide behind loud denials, let transparency restore faith and truth heal the wounds.

When we rise over this apathy... this numbness... This deafening silence... the nation we dream of **will rise more stronger... more powerful and unstoppable.**



Unheard Stories from the Commentary Box

Meeting commenced with PP Rtn Gurcharan Singh Arora collaring President Rtn Aameep Sinha, who called the session to order, followed by the recitation of the National Anthem and the Four-way Test.

President Rtn Aameep Sinha shared the news of Rtn Kuldip Singh Dhody's younger son, Amarpreet's serious accident. All members prayed for his early recovery for which the undersigned is grateful.

Following are the highlights of the meeting held at Hotel Aroma:

A) PROJECTS CARRIED OUT

1. November 14,2025: Children's Day was celebrated on 14th November with the Department of Social Work, Panjab University, for children rescued under the Smile Project. The kids showcased their talents with confidence. President Rtn Aameep Sinha, Rtn H.S. Marwah, Secretary Rtn K.S. Dhody, and UMMEED Foundation encouraged

them. The Club arranged refreshments, sightseeing, and transport. We thank Prof. Gaurav for his guidance.

2. November 15,2025: Ten planned cataract surgeries were successfully completed at Amar Shakti Eye Clinic, Sector 7, by Rtn Dr Aditya Sharma. All patients expressed deep satisfaction with the outcomes and conveyed their heartfelt gratitude to Dr Sahib and RCMM. It was truly fulfilling to witness elderly beneficiaries regain clearer vision, reaffirming the impact of our collective efforts.

3. November 16,2025: Benevolence is the language of the heart, and so is Rotary. A sewing machine was presented to Ms Pratima, a TB patient trained in tailoring, to help her earn with dignity and

99th Meeting

support her family. A Friend of Rotary funded the machine. It was handed over on 16 Nov 2025 at H No 231, Sector 35-A, Chandigarh, in the presence of President Rtn Aameep Sinha, Mrs Gurdeep Kaur Dhody, and Secretary Rtn Kuldip Singh Dhody.

and Rotaractors in attendance. Lamp lighting was led by dignitaries. The outgoing President was collared, followed by the incoming President who shared his vision. New members were tagged, and the Principal appreciated the club's association. Vice-President

Rtn Damandeep Singh and Secretary Rtn K.S. Dhody motivated the members. The event concluded with a tree plantation.



4. November 17,2025: A noble act speaks louder than words. PP Rtn Sukhpreet Singh Giani's contribution, in honour of his late mother Sardarni Jagdish Kaur Giani, enabled the second instalment of ₹ 4500/- each for nine students, totalling ₹81,000 for the complete session. Tech Mahindra Smart Academy expressed gratitude for supporting the General Duty Assistant trainees. This generosity has brought pride and honour to our club.

5. November 17,2025: The Installation Ceremony of the Rotaract Club of Khalsa College, Mohali, was held on 17 Nov with distinguished Rotarians, college staff,

6. November 22,2025: With the initiative of Rtn Gurdeep Arora , the club

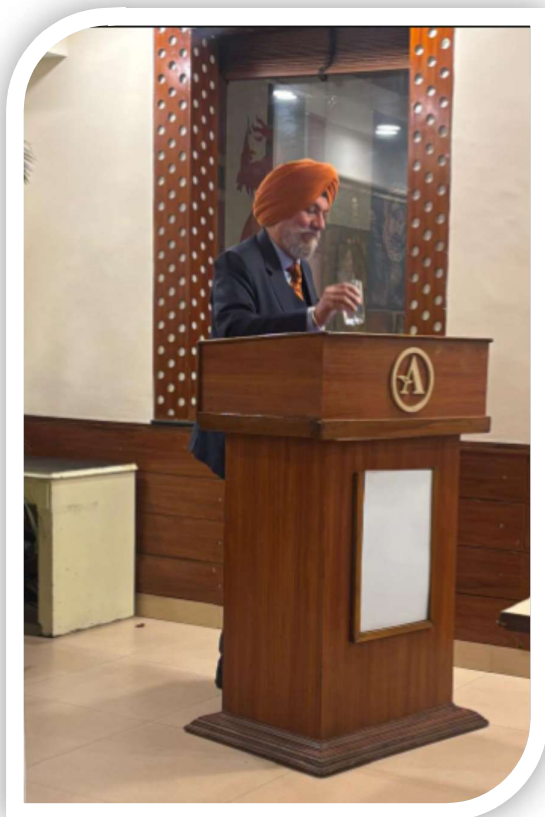
supported another needy woman. President Rtn Aameep Sinha, Rtn Manpreet Singh Chawla, and Mr. Jagmohan (Rotary Club of Tricity) provided Ms Shah Rani with a foot-operated sewing machine to help her earn a stable livelihood. Ms Rani expressed deep gratitude, saying this support will transform her life.

7. November 25,2025: To mark Guru Teg Bahadur Ji's 350th Martyrdom Day, the club served destitute children from Kaimbala and Sec 55 by distributing shoes, sweaters, socks, notebooks and stationery at Woodsbury Kindergarten. President Rtn Aameep Sinha welcomed all. Rtn Gurcharan Singh Arora shared the significance of the day. The event was

successfully executed with support from Rotarians and the SMILE project team.

8. November 26,2025: A CPR training session was held at Vidya Valley School, Kharar on 26/11/2025. Principal Dr Sumanlata welcomed Rotarians and the Max Hospital team. President Rtn Aameep Sinha explained the importance of CPR, followed by a detailed training and demonstration by experts Jagdeep Singh and Tarun Sharma. Over 500 students and staff attended. The school captain gave a vote of thanks. The event concluded with refreshments.

B) Unheard Stories from Commentry Box



Rtn Ankit Beri introduced the Chief Guest Shri Kulvinder Singh Kang as the ADP, AIR Dte. retired from government service on 31.07.2016. Shri Kang is one of the best Hindi cricket commentators

KULVINDER SINGH KANG

Director Sports (Retd)

Prasar Bharati

**International Cricket & Hockey
Commentator**

**300 Plus Cricket Matches (Test,
ODI, T 20, IPL/ 8 Cricket World
Cups), Hockey World Cup ,
Commentary in Olympics,
Commonwealth Games, Asian
Games, South Asian Games.**

**Participated in The Great Indian
Laughter Challenge**

**Recipient of 6th Mahatma
Gandhi National Award for
Journalism 2023 Actor/Script
Writer for TV/Films**

**YouTube Channel KANG DE
KANG**

**Residing in AWHO, Sector 114
Mohali.**

of the day having covered 4 world cups and over 100 tests /T-20s etc. He is an excellent Hockey commentator too having covered 2 world cups and over 300 tests international matches. Shri Kang had started his career in 1980 from Akashvani Suratgarh and has given his

best working in many stations and finally at Akashvani Directorate.

He is an Actor/Script writer for TV films and a recipient of 6th Mahatma Gandhi National Award for Journalism 2023.



In his address, he has made a few very pertinent observations:

1. Clarity in whichever language you speak with proper modulations to make an impact of what is to be conveyed. Never mix up the language in which you are addressing the audience.
2. Good computer knowledge is always helpful
3. Never have the stage fear and speak with confidence
4. He shared anecdotes from his vast experience from the games of cricket and hockey that he experienced in his career

Planters were presented to Shri Kang by the First Lady Rtn Prateeksha Vasudeva and Rtn Manpreet Kaur.

C) BIRTHDAYS & MARRIAGE ANNIVERSARIES

President Rtn Aameep Sinha invited the club members to join hands in wishing Long life, Good health, Prosperity & Immense smiles to the members on their Birthdays & Marriage Anniversaries as given below.

BIRTHDAYS: Rtn Dr Prabhjot Kaur, Rtn Ravijeet Singh, Rtn Sukhpreet Singh Gyani, Rtn Damandeep Singh, Rtn Prabhjot Kaur, Rtn Vishvas K Arora & Rtn Krishna Birdy

MARRIAGE ANNIVERSARIES: Rtn Dr Aditya & Dr Priyanka, Rtn Bhupinder Singh & Mam Satvinder Kaur, Rtn Iqbal Singh & Mam Sarabjit Kaur, Rtn Amanpreet Singh & Mam Surjeet Kaur, Rtn Ravijeet Singh & Rtn Manpreet Kaur, Rtn HSMarwah & Rtn Swarnjeet Kaur

All the Birthday boys & Dulah-Dulhans were invited to cut a cake arranged by Mrs Ankit Beri

D) VOTE OF THANKS:

Rtn Sukhpreet Singh Giani proposed the vote of thanks for the overwhelming presence of the members & the Chief guest Shri Kulvinder Singh Kang for his thought provoking suggestions to manage the stage with confidence and conviction.

CPR training at Vidya Valley School.

On Nov 26th 2026, Dr Sumanlata, Principal Vidya Valley School welcomed the Rotarians Aameep Sinha, Manpreet Kaur, Amanpreet Singh, Team of experts from Max Hospital, Mohali & the Director Shimmer Singh Ji.

President Rtn Aameep Sinha gave a brief introduction about Cardiopulmonary resuscitation (CPR) as an emergency procedure used during cardiac or respiratory arrest that involves chest compressions, often combined with artificial ventilation, to preserve brain function and maintain circulation until spontaneous breathing and heartbeat can be restored. It is recommended for those who are unresponsive with no breathing or abnormal breathing.

However compressions are not used with children because such issues normally arise from respiratory issues rather than from cardiac ones.

Elaborate discussion and training was provided by the max team comprising of Mr Jagdeep Singh & Mr Tarun Sharma. This followed the interactive session with Mr

Jagdeep Singh who also helped children to give a practical demonstration by correcting them wherever required. More than 500 students from Class 7-12 along with their staff attended the session.



Vote of thanks was proposed by the school captain and the flower pots were presented to the Rotarians as well as the two experts on CPR. Tea/snacks were served to all.



We are particularly grateful to the Principal of the school, Max team for their initiative in arranging & making such an important session successful.



Installation

Harmanpreet Singh is installed as President of Rotaract Club of Khalsa College



Installation ceremony of Rotaract Club of Khalsa college of Mohali Technology & Business Studies was organised on 17th November with the overwhelming presence of Senior Rtn Hardeep Singh Ji, Vice-President Rtn Damandeep Singh Ji, Rtn Prabhjot Kaur Ji, Youth Director Rtn Amanpreet Singh Ji, Secretary Rtn K S Dhody, DRR. Ritik Nagpal, Principal Dr Harish Kumari, Past President Rtr Manpreet Singh, Current President Rtr Harmanpreet Singh & other office bearers along with Staff & members of Rotaract Club.

Former Secretary Rtr Ms Tannu welcomed everyone &

invited the dignitaries for lamp lighting. Former President was collared by DRR Nagpal who in turn collared the Incoming President who shared his vision of Service above Self for the current year.

Thereafter Ms Tannu called upon all Rotarians, DRR Mr Ritik Nagpal & Principal to come forward & pin all the incoming members with a

loud applause. Principal delivered a very dignified address appreciating the long association with our club.



Since President Rtn Aameep Sinha was away because of compelling reasons, Vice President Rtn Damandeep Singh addressed the incoming members and congratulated them to carry the legacy forward with lots of zeal & enthusiasm.

Secretary Rtn KS Dhody applauded the incoming President as well as Principal for showing keen interest in Rotaract Club activities. He narrated a small incident which highlights as to how Sewa overtakes Simran though both are equally important to become good human being, in line with the Philosophy of being a good Rotarian.



Thereafter a tree plantation involving Rotarians, Rotractors, Principal & staff was carried out.

Laurels



RD 3080 recognises RCMM

Rotary Club of Mohali Midtown has been Awarded the coveted Maximum Outreach Projects Award for the month of September 2025 by the RD3080 under Vocational projects for Destitute Children.

This has been made possible for the cooperation of all members especially Our present leadership.

Once again Heartiest Congratulations to all fellow Rotarians.

PP Rtn. Ravijeet Singh awarded



PP Rtn. Ravijeet Singh was conferred by Indian Concrete Institute for Outstanding Concrete Award 2025 (in Office Category). We congratulate him for yet another achievement.

Sewing Machines Handed Over

The Club presented two sewing machines to promote vocation among



club once again had the privilege to serve one more woman under the leadership of President Rtn Aameep Sinha Ji flanked by Rtn Manpreet Singh Chawla Ji and a friend of RCMM, Mr Jagmohan who is also a member of Rotary club of Tricity. Ms Shah Rani, was provided with a foot operated

the needy. One of the machine was presented to a TB patient, recently married so that it may help her to earn a part of her expenses thus sustaining herself with honour & dignity as well as support her husband with a meagre income.

A FRIEND OF ROTARY came forward to fund the Sewing machine. Machine was handed over to Ms Pratima, wife of Mr Shyam Bali, a gardener at 11:30 am on November 16,2025 at H No 231, Sector 35-A, Chandigarh. The handing over was attended by Rotary President Rtn Aameep Sinha, Ann Gurdeep Kaur Dhody & Secretary Rtn Kuldip Singh Dhody.

The lead for the second machine was presented by Rtn Gurdeep Arora , the



Sewing Machine which should help her to sustain her livelihood on a continuous basis & lead her life with dignity and self-respect.

In Service of the Community

Threads of Kindness: Woolens Shared to Keep Children Warm This Winter



To commemorate the unparalleled sacrifice of Guru Teg Bahadur Ji's (Shrishti di Chadar) 350th Martyrdom Day, Rotary Club of Mohali Midtown took the initiative of serving the destitute children from Kaimbala and Sec 55 school by providing them with the essentials. Function was organised at Woodsbury Kindergarten, Mohali. President Rtn Aameep Sinha welcomed everyone including Rotarians, Principal Ms Prateeksha Vasudeva, Staff, Members of SMILE Project and the children. Chartered President Rtn Gurcharan Singh Arora Ji explained the significance of this Shahadat and motivated the children to follow the teachings of the Great Guru & Rotary to become good human beings & excel in life.

Working group of the club is grateful to PP Rtn Amarjeet Singh Virk for conceptualising the project on a different horizon and ever thankful to the Project Chair Rtn Manpreet Kaur for helping us to execute the same.

Rtn Gurcharan Singh Arora, Rtn Amarjeet Singh Virk, Rtn Manpreet Kaur, Rtn Manjit Kaur, Rtn Amanpreet Singh, Rtn Rajeev Makkar, Rtn Damandeep Singh, Rtn Prabhjot Kaur along with their worthy sons and Principal Prateeksha Vasudeva distributed the following to the children:

- 50 pairs of Shoes, 50 Sweaters, 50 pairs of Socks, 250 Notebooks, & Stationery items. Tea and snacks were served to all present.

Kindness in action—your donation will bring light to many lives

A friend of Rotary, Mr Manmeet Singh Dhody has donated a sum of Rs 50000/- towards the CATARACT SURGERIES under the PROJECT-DRISHTI. We are grateful to him since he has been contributing for this Noble Project for the last two years.

Forthcoming Events

100th Meeting –

When : Dec 10th



In continuation of the drive initiated on the occasion of Guru Teg Bahadur Ji's 350th Martyrdom day, our club has further pledged to support and protect the 25 impoverished children from severe winter with Woollen Sweaters, Woollen socks, Shoes apart from Note books (@5/child) and Stationery to help them continue with their education.

Kindly spare your valuable time to encourage the organisers.



**Shooting range, Sector 25,
Chandigarh.
3 pm , December 2,2025**

	MEDICAL CAMP BY MAX HOSPITAL	
10:30AM	Medical Camp	
Stay Fit, Stay Bright!		
Vidya Valley School Sunny Enclave Sector - 123, Kharar.	3rd December 2025	
Rtn Aameep Sinha (President)	Rtn. K.S. Dhody (Secretary)	Rtn. Amanpreet Singh (Director Youth Service)

Greetings



President Rtn. Dilpreet Singh
Dec 10



HAPPY
Birthday
TO YOU!



Rtn. Jasjot Singh & Rtn. Ishneet Kaur
Dec 4



Rtn. Krishna Birday & Lekh Raj Birdy Dec 29

Happy wedding anniversary